

Volunteer Opportunities

Community organizations that are actively seeking individuals with the requisite knowledge, skills and experience who are willing to offer their services and work on a full or part-time basis without remuneration on projects or in positions that benefit the organization itself or the people it serves.

Article

Giving Back Helps Others... And You

Volunteering offers many health benefits—especially for older adults.

Source

[AARP](#)

Links

Oasis Institute - Lifelong Adventure

Source

[Oasis Institute - Lifelong Adventure](#)

Links

AARP Events and Resources Near You

Source

[AARP Events and Resources Near You](#)

Article

Greet the Neighbors: 5 Practical Tips for Making Connections Close to Home

Strong social connections are important for our physical and mental well-being. Making connections with neighbors can reduce social isolation and be transformative for everyone!

Source

[AARP](#)

Links

National Volunteer Caregiving Network (NVCN)

Source

[National Volunteer Caregiving Network \(NVCN\)](#)

Article

Self-Assessment: Is Isolation Affecting Me?

You can take the Connect2Affect Self-Assessment for social isolation for yourself or someone you know.

Source

[AARP](#)

Article

Doing Good is Good for You: Volunteer!

Volunteering provides many benefits to your community and to you as a volunteer!

Source

[National Association of Area Agencies on Aging](#)

Links

Operation Gratitude

Source

[Operation Gratitude](#)

Links

Create the Good by AARP: Community Volunteer Opportunities

Source

[Create the Good by AARP: Community Volunteer Opportunities](#)

Links

Mobility International USA/National Clearinghouse on Disability and Exchange

Source

[Mobility International USA/National Clearinghouse on Disability and Exchange](#)

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