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## Veteran Peer Support Group ~ Virtual

Date and Time

Monthly on the first Wednesday 4:30 to 6:30pm

Upcoming

- Wednesday 5/7/2025 4:30 to 6:30pm
- Wednesday 6/4/2025 4:30 to 6:30pm
- Wednesday 7/2/2025 4:30 to 6:30pm
- Wednesday 8/6/2025 4:30 to 6:30pm
- Wednesday 9/3/2025 4:30 to 6:30pm
- Wednesday 10/1/2025 4:30 to 6:30pm
- Wednesday 11/5/2025 4:30 to 6:30pm
- Wednesday 12/3/2025 4:30 to 6:30pm
- Wednesday 1/7/2026 4:30 to 6:30pm

Monthly on the third Wednesday 4:30 to 6:30pm

Upcoming

- Wednesday 4/16/2025 4:30 to 6:30pm
- Wednesday 5/21/2025 4:30 to 6:30pm
- Wednesday 6/18/2025 4:30 to 6:30pm
- Wednesday 7/16/2025 4:30 to 6:30pm
- Wednesday 8/20/2025 4:30 to 6:30pm
- Wednesday 9/17/2025 4:30 to 6:30pm
- Wednesday 10/15/2025 4:30 to 6:30pm
- Wednesday 11/19/2025 4:30 to 6:30pm
- Wednesday 12/17/2025 4:30 to 6:30pm

Event Region

Statewide

Event Type

Support group

RSVP Info

Contact Jamie Staten at [jamie.staten@dvs.virginia.gov](mailto:jamie.staten@dvs.virginia.gov) or 804-839-0480

#### Event Cost

\$0.00

#### Event Description

Held the first and third Wednesday of the month, Veteran Peer Support Groups are facilitated by veterans to address the needs of the veteran, National Guard, and Reservist communities more effectively by providing a relaxed and confidential environment in which to share past military and current transitional experiences with other veterans.

The groups employ a peer-to-peer format which strives to foster support for members by improving self-reliance, self-advocacy, and by encouraging each veteran along his/her own path to behavioral health wellness. These occur every first and third Wednesday of the month.

#### Zoom Link:

<https://www.zoomgov.com/j/1616570676?pwd=NTdmUnBSRVB3KzkzcDJlb3MwMjE2UT09>

**Questions?** Contact Jamie Staten, Veteran Peer Specialist at [jamie.staten@dvs.virginia.gov](mailto:jamie.staten@dvs.virginia.gov) or (804) 839-0480.

#### Peer Support Group Flyer

#### Event Image or Sponsor Logo

Image

