

## **Building Better Caregivers**

Available 24/7

No

Other Eligibility Criteria

The caregiver must be willing to participate in the caregiver support program in either the Program of Comprehensive Assistance (PCAFC) or Program of General Caregiver Support Services (PGCSS) programs. The Veteran who the Caregiver is caring for must be enrolled in VA Healthcare.

Intake Process

Call or visit the website.

Provider Refer

No

Qualifications

Self Refer

No

U.S. Department of Veterans Affairs

<https://www.caregiver.va.gov/>

<https://va.buildingbettercaregivers.org/>

Main

(844) 516-1438

Toll-Free

(844) 516-1438

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Languages Spoken

English

The U. S. Department of Veterans Affairs (VA) Caregiver Support Program offers the Building Better Caregivers® (BBC), an online program to help caregivers of veterans with:

- dementia,
- memory problems,
- post-traumatic stress disorder,
- serious brain injuries,
- other serious injury or illness.

The program is an online workshop with six weekly self-paced lessons with facilitator guidance, group support and access to an alumni community for program graduates.

The Caregiver must be willing to participate in the caregiver support program in either the Program of Comprehensive Assistance (PCAFC) or Program of General Caregiver Support Services (PGCSS) programs. Visit the website for additional caregiver participation guidelines.

Service Area(s)

Nationwide