Published on VirginiaNavigator (https://virginianavigator.org)

Art and Care

Date and Time Monthly on the first Thursday at 2:00pm for 7 times Upcoming

• Thursday 10/3/2024 2:00 to 3:00pm

Event URL <u>Art and Care Flyer</u> Event Region Harrisonburg/Staunton/Lexington Event Type Class - Workshop Event Cost \$0.00 Event Description

Art and Care is for family caregivers to get together and discuss the challenges and triumphs of caregiving while focusing on a self-care art project. This is also a partnership with VPAS.

This Class occurs on the 1st Thursday of the month from 2pm until 3 pm starting in April at the Waynesboro Public Library.

Contact Rachel McDowell for more information at 540-942-6583 or email mcdowellra@ci.waynesboro.va.us

Event Image or Sponsor Logo Image

