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## **VA Home and Community Based Services**

Below are home and community-based services available through VA to support eligible Veterans and their caregivers. Caregivers who are interested in learning about these services should contact VA's Caregiver Support Line: 1-855-260-3274 (Monday–Friday 8a to 10p EST/Saturday 8a to 5p EST) or their [Caregiver Support Coordinator \(CSC\)](#) for more information.

### **Veteran Decision Aid Tool**

Use the [Veteran Decision Aid Tool](#) (PDF) to help you figure out what home care services or long term care services may best meet your needs now or in the future.

## **Home and Community Based Services**

### **Adult Day Health Care Centers (ADHC)**

ADHC Centers are a safe and active environment with constant supervision designed for Veterans to get out of the home and participate in activities. It is a time for the Veteran you care for to socialize with other Veterans while you, the Family Caregiver, get some time for yourself. ADHC Centers employ caring professionals who will assess a Veteran's rehabilitation needs and help a Veteran accomplish various tasks so he or she can maintain or regain personal independence and dignity. The Veteran you care for will participate in rehabilitation based on his or her specific health assessment during the day (ADHC centers are generally open Monday through Friday during normal business hours). The ADHC Centers emphasize a partnership with you, the Veteran you care for and Centers' staffs.

[Adult Day Health Care](#)

### **Home-Based Primary Care (HBPC)**

Home-Based Primary Care (HBPC) is a program designed to deliver routine health care services to your home when the Veteran you care for has medical issues that make it challenging for him or her to travel. Home-Based Primary Care is staffed with medical professionals who will come to your home. Some of their services are primary care and nursing, managing medication, and helping plan and put together

nutritious and tasty meals. Home-Based Primary Care can also include physical rehabilitation, mental health care for your Veteran, social work and referrals to VA and community services. This program can help ease the worry and stress of having to bring a Veteran to and from a VA medical center for routine medical appointments. [Home Based Primary Care](#)

### **Home Hospice Care**

During the advanced stages of a terminal disease, Home Hospice Care can offer comfort and supportive services for you and the Veteran you care for in your own home. An interdisciplinary team of health care providers and volunteers from a local community hospice agency is there for you 24 hours a day, seven days a week. Grief counseling is also available for you and other immediate family members. [Hospice Care](#)

### **Homemaker and Home Health Aides**

Feeding and bathing another person can be very stressful, physically tiring, and time-consuming for you. Often times, taking care of a Veteran's needs leaves no time for you to take care of your own needs. The Homemaker and Home Health Aide Program is designed to help a Veteran with personal care needs. Your local VA medical center can help arrange for a home health aide who will come to your home on a regular schedule to allow you time to take care of your own needs. Caring for yourself helps you stay strong for yourself and the Veteran you care for.

[Homemaker and Home Health Aide Care](#)

### **Home Telehealth**

We know how difficult or challenging it can be to get the Veteran you care for to a VA medical center for assistance. The Home Telehealth program is designed to give you ready access to a care coordinator by using technology (e.g., telephone, computers) in your home. The Home Telehealth program enhances and extends care management to you, the Family Caregiver. Home Telehealth services can also include education and training or online and telephone support groups. Please contact your [Caregiver Support Coordinator](#) to discuss which telehealth programs are available at your VA. [Telehealth](#)

### **Remote Monitoring Care**

Remote Monitoring is a service that allows the Veteran's physician or nurse to monitor the Veteran's medical condition remotely using home monitoring equipment. [Telehealth](#)

## **Respite Care**

As a Family Caregiver, it can be hard to find time for a much-needed break from your daily routine and care responsibilities so that you have some time for yourself. Respite is time for relaxing and renewing your own energy, and respite care can provide you with the time to do that. If a Veteran requires a Caregiver, you are eligible to receive up to 30 days of respite care per year. The care can be offered in a variety of settings including at your home or through temporary placement of a Veteran at a VA Community Living Center, a VA-contracted Community Residential Care Facility, or an Adult Day Health Care Center. Respite care may also be provided in response to a Family Caregiver's unexpected hospitalization, a need to go out of town, or a family emergency. Staying strong for your Veteran means staying strong yourself. By taking an opportunity to be refreshed through respite care, you may be amazed at how your fresh outlook will help you and your Veteran. [Respite Care - Geriatrics and Extended Care](#)

## **Skilled Home Care**

The Skilled Home Care service provides a medical professional who comes to your home to help care for a homebound Veteran. Some of the care a Veteran can receive includes basic nursing services and physical, occupational, or speech therapies. To be eligible for this service, a Veteran must be homebound, which means he or she has difficulty traveling to and from appointments and so is in need of receiving medical services at home. The Skilled Home Care service is similar to Home-Based Primary Care, but it involves VA purchasing care for a Veteran from a licensed non-VA medical professional. [Skilled Home Health Care](#)

## **VA Geriatrics and Extended Care**

Learn more about VA Geriatrics and Extended Care - [Home and Community Based Services](#)

## **Program of All-Inclusive Care for the Elderly (PACE)**

The Program of All-Inclusive Care for the Elderly (PACE) provides comprehensive medical and social services to certain frail, community-dwelling elderly individuals, most of whom are dually eligible for Medicare and Medicaid benefits. Learn more: [Program of All-Inclusive Care for the Elderly \(PACE\) - Geriatrics and Extended Care](#)

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