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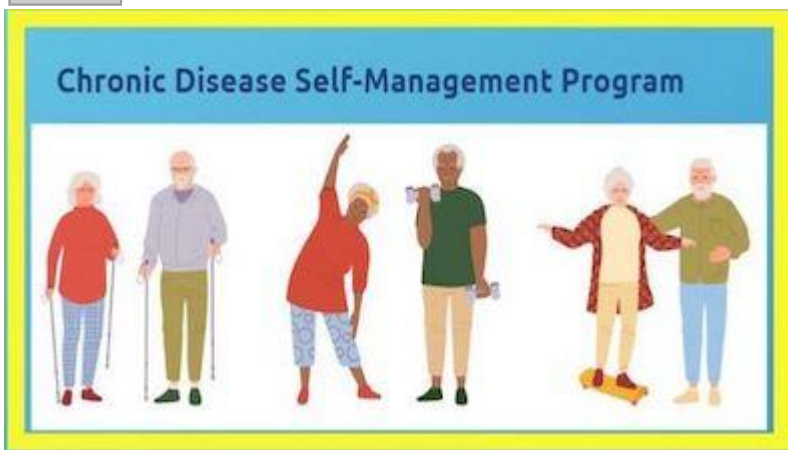
Keywords

Event Region

Event Type (field\_event\_type)

- Domains
- Virginia Navigator
  - Senior Navigator
  - disAbility Navigator
  - VeteransNavigator

Search



May

28

Class - Workshop

## [Chronic Disease Self Management Program ~ VIRTUAL](#)

Tuesday 5/28/2024

1:30 - 4:00pm

Tidewater/Chesapeake



May  
28  
Class

## **Yoga for Caregivers**

Tuesday 5/28/2024  
6:30 - 7:30pm  
Harrisonburg/Staunton/Lexington



May  
28  
Class - Workshop

## **Families Anonymous**

Tuesday 5/28/2024  
6:45 - 8:00pm  
Charlottesville Area



May  
29  
Class

## **A Matter of Balance**

Wednesday 5/29/2024  
9:00 - 11:00am  
Roanoke Valley



May  
30  
Class - Workshop

## **Teabag Art**

Thursday 5/30/2024  
10:00am - 12:00pm  
Charlottesville Area



May

30

Community event

## **42nd Annual Chesterfield County Senior Volunteer Hall of Fame Ceremony**

Thursday 5/30/2024

3:00 - 5:00pm

Richmond Area



Jun

1

Webinar

## **Health and Quality of Life in Middle-Aged and Older Autistic Adults**

Saturday 6/1/2024

10:00 - 11:00am

Statewide



Jun

3

Support group

## **Richmond/Philadelphia PADRECC Virtual Parkinson's Disease Support Group**

Monday 6/3/2024

1:00 - 2:00pm

Statewide



**THE  
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Jun

4

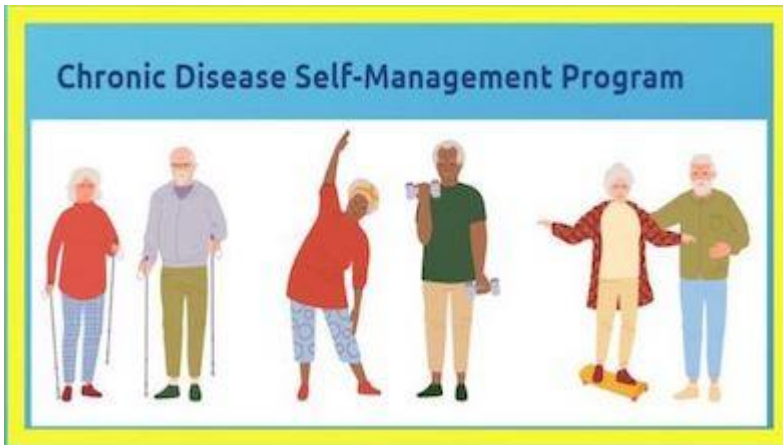
Class

## **Good Life Series**

Tuesday 6/4/2024

11:00am - 12:00pm

Charlottesville Area



Jun

4

Class - Workshop

## **Chronic Disease Self Management Program ~ VIRTUAL**

Tuesday 6/4/2024

1:30 - 4:00pm

Tidewater/Chesapeake



Jun

4

Meeting

## **TRIAD Meetings, Augusta County**

Tuesday 6/4/2024

2:30 - 3:30pm

Harrisonburg/Staunton/Lexington



Jun  
4  
Class

## [Non-Surgical Solutions, First Tuesday](#)

Tuesday 6/4/2024  
4:00 - 5:00pm  
Charlottesville Area

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