Family Services

Available 24/7 No **Documents Required** Proof of income Proof of address Family Yes **Intake Process** Most services require an appointment, please call ahead. Provider Refer Yes **Report Problems** Call the Agency Self Refer Yes **Covington Health Department** https://www.vdh.virginia.gov/alleghany/covington-health-department/ https://www.facebook.com/VDHgov https://twitter.com/vdhgov Main (540) 962-2173 321 Beech Street 24426 VA **United States** Monday: 8:00 am-4:30 pm Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure

No Fee Payment Method(s) Medicaid Languages Spoken English

The Covington Health Department offers Family Services to help improve the health and well-being of families and their children. One service is BabyCare which can improve pregnancy and birth outcomes by providing home visits from registered nurses to high-risk pregnant women and infants up to 24 months of age. The program provides free intensive case management, coordination of care, Pack N' Plays, and education about prenatal care, birthing, infant care, parenting, and community resources. Free child safety seats and booster seats are also available.

Another service is Lead Case Management which seeks to prevent and treat elevated lead levels in children aged 6 years old and under. A team of a Public Health Nurse and an Environmental Health Specialist can provide case management and a home assessment to identify and control the source of lead in the child's environment, whether it be chipping paint, lead water pipes, contaminated soil, or another source, and assist the family in lowering the lead levels.

A third service is the Safe Sleep Program which provides education to parents and caregivers on how to create a safe sleep space for a baby. Upon completion of the class, free portable cribs are provided for each eligible child. Morning and evening classes are available. Please visit the <u>website</u> for more information.

Service Area(s) Covington City