

## Counseling Services

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

Yes

Intake Contact Email

bcarlton@positivegrowthrva.com

Intake Process

Call, email or request an appointment using the form on the website.

Intake Contact Telephone

(804) 210-2402

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Department of Health Professionals

Qualification Number

0904010766

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Positive Growth Counseling Services

<https://www.positivegrowthrva.com/>

Main

(804) 210-2402

611 North Courthouse Road Suite 130  
23236 VA  
United States

Monday: 10:00 am-6:00 pm  
Tuesday: 10:00 am-6:00 pm  
Wednesday: 10:00 am-6:00 pm  
Thursday: 10:00 am-6:00 pm  
Friday: 10:00 am-6:00 pm  
Saturday: 10:00 am-6:00 pm  
Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

Positive Growth Counseling Services is a multiple-provider counseling practice. Areas of focus include depression, anxiety, and self-esteem. Treatment includes Cognitive Behavioral Therapy, Positive Psychology, Collaborative Problem Solving (CPS), and Acceptance and Commitment Therapy (ACT). For more [information about individual counselors](#), visit the website.

Service Area(s)

Chesterfield County

,

Henrico County

,

Richmond City

Email

[bcarlton@positivegrowthrva.com](mailto:bcarlton@positivegrowthrva.com)