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# Easterseals Resources for Veterans and Their Families

At <u>Easterseals</u>, we understand the unique challenges Veterans face as they transition from service to civilian life. We are proud to serve those who sacrificed so much to keep us safe. Knowing every Veteran is different, we offer a variety of services for Veterans and military families at many of our 67 Affiliates nationwide.

#### What are the resources?

**Employment Programs and Job Training**: Our employment programs can help Veterans find meaningful, skills-based work and a steady income that builds off of Veterans' military experience. We offer resume oversight, skills training and job search assistance. We also work with <u>Freddie Mac</u> to lend financial guidance toward home ownership.

**Military and Veterans Caregiver Services**: When military families transition to civilian life, their caregivers often take on new roles and need individualized support. We have a variety of resources, including educational webinars where we teach caregivers how to navigate mental illness, childcare, intimacy, and various disabilities Veterans may face. We also have respite and childcare, so families avoid caregiver burnout.

**Health and Wellness Programs**: After returning home, many Veterans struggle both mentally and physically. To aid these individuals, Easterseals offers mental health counseling, center-based adult day services, in-home services, and physical and occupational therapies.

**Community Support**: We understand that Veterans also need support from other Veterans, to know they are not alone and can thrive through shared experiences. Through Easterseals, Veterans can access <u>RallyPoint</u>, the premiere digital platform for the military community to come together and build relationships with each other. From job tips to sharing stories and pictures, RallyPoint is the best way to connect digitally. Many Easterseals Affiliates offer Veterans support groups as well.

**Advocacy**: Beyond our direct services for Veterans, our Washington, D.C.-based government relations team works to influence federal and state legislation affecting Veterans and military families, actively engaging with Congressional staff to address issues impacting Veterans and military families.

#### Who is eligible?

Easterseals serves people with disabilities, seniors, Veterans and their families. <u>Any</u> <u>Veteran, regardless of age or whether or not they have a disability, is</u> <u>eligible for services through Easterseals.</u>

### How can you apply?

Easterseals has affiliates across the United States, offering a variety of services that Veterans and military families can access.

Find your closest Easterseals location. Once you find your local Easterseals, simply call or email them directly to see how they are supporting Veterans.

### What can you expect after applying?

Your local affiliate will contact you to discuss your needs. Easterseals will be there with you every step of the way to answer any questions you may have, and to ensure the services you receive are appropriate.

Veterans and their families are an important part of the community served by <u>Easterseals</u>. We are committed to providing our nation's Veterans and their families with what they need to successfully transition to civilian life, and we're grateful for their service and sacrifice. Should we not offer the services needed, we will provide a referral and introduction to another community-based organization for assistance.

<u>Click here</u> to learn more about the Easterseals Veterans Staffing Network.

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