

## **Hidden Heroes, Respite Relief for Military and Veteran Caregivers**

Age Requirements

No Age Requirement

Documents Required

Call for details

Other Eligibility Criteria

Must be a family caregiver to a wounded, ill, or injured veteran or service member and submit proof of service.

Family

Yes

Intake Process

Call for information or visit the website to apply online.

Intake Contact Telephone

(202) 249-7170

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Elizabeth Dole Foundation

<https://www.elizabethdolefoundation.org/>

<https://hiddenheroes.org/respite/>

<https://www.facebook.com/ElizabethDoleFoundation/>

<https://www.twitter.com/DoleFoundation>

Main

(202) 249-7170

600 New Hampshire Avenue, Northwest,, Suite 1020

20037 DC

United States

Fee Structure

No Fee

## Languages Spoken

English

The Elizabeth Dole Foundation and the U.S. Department of Veterans Affairs have joined together to create a new program, Respite Relief for Military and Veteran Caregivers, which offers family caregivers of veterans or service members access to no-cost, short-term relief with the help of in-home care professionals. The application is [available online](#).

Respite services include:

- meals preparation
- grocery shopping
- housekeeping
- transportation
- exercise
- companionship
- mobility
- medication reminders
- toileting
- bathing
- grooming.

Service Area(s)

Nationwide

Email

[Email contact form is available on the website.](#)