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## [Honoring Choices Virginia: Advance Care Planning Resources and Tools](#)

### **HCV Educational Materials**

Honoring Choices Virginia has developed a suite of educational materials about advance care planning and related topics. The resources below are free to the public and available for personal download.

We hope that these resources will help you and those you share them with to “start the conversation!”

*If you would like to download and distribute materials to your clients, patients, congregants, members, or another large group, please contact us. If you are interested in working with HCV to produce additional resources for your organization, or would like to license or brand any of the resources below, please contact us.*

If you notice an error or would like to suggest a new resource, please let us know.

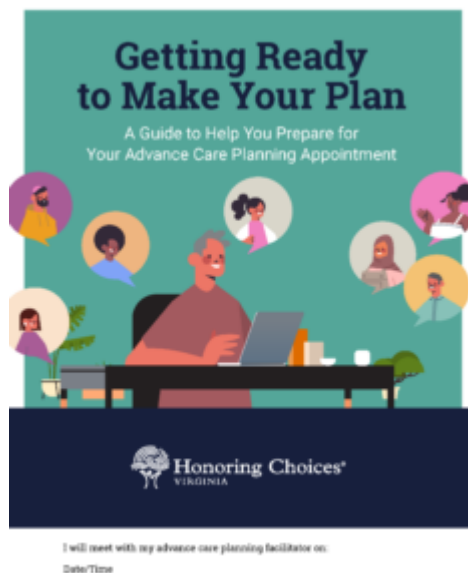
- [A Good Day Tomorrow Starts with a Good Talk Today](#): A one-page flyer with essential information about advance care planning
- [Because I Love You Guide](#): A guide to thinking about, talking about, and planning for the future with family and friends (includes advance care planning information as well as information about other planning topics, such as funeral planning)
- [Advance Care Planning: Choosing Your Own Path \(Video\)](#): Video recording of a group of individuals discussing their own experiences with advance care planning
- [Advance Care Planning: A Gift \(Video\)](#): Short video depicting a daughter starting a conversation with her father about his wishes
- [Free Advance Care Planning Support Flyer](#): A one-page flyer describing the advance care planning appointments, document reviews, and other supports available from HCV.

- [Getting Ready to Make Your Plan Guide](#): A preparation guide for those who are getting ready to create or update their advance care plan (for use with ACP Facilitators)
- [After Your Conversation Checklist](#): A one-page checklist with follow-up steps after completing an advance care planning conversation (for use with ACP Facilitators)
- [Advance Medical Directive Wallet Card](#): A sheet of wallet card templates that can be used to communicate essential information about your advance medical directive and healthcare agent

Individuals who want to create an advance care plan or execute an advance medical directive can make an appointment, free of charge, with one of our certified First Steps advance care planning facilitators. Please contact us to learn more. We are also providing [Free Advance Care Planning and Document Review Appointments](#).

## Request a Presentation

Is your community group interested in learning how to plan for future medical decisions? Honoring Choices® Virginia offers advance care planning presentations to community organizations in the Greater Richmond area.





### Why is it important to plan?

#### It's Your Choice

If you don't choose someone to make decisions for you, Virginia law will. And, it may not be the person you would want. For example, an estranged spouse or family member could be called on to make decisions for you.

#### It's a Gift

People who know what their loved one would want them to do have an easier time making hard decisions.

#### It's About Getting the Care You Want

You are the expert on you. When you tell other people what is important to you, it helps them to get you the care you want even if you can't speak for yourself.

#### Life's Unpredictable

We can't anticipate everything. A good advance care plan helps prepare others to give you the care you want, even in situations that you can't imagine or that aren't written about in an advance directive.

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## Contact Us

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Submit online request at [www.honoringchoices-va.org/connect/contact](http://www.honoringchoices-va.org/connect/contact)

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**Honoring Choices® Virginia** works to ensure that every person in Virginia has access to quality advance care planning that is honored in the delivery of care. Through engaging health care providers, training advocates, and reaching communities, Honoring Choices encourages thoughtful advance care planning for everyone.

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