

Aging in Place

Age Requirements

18 and over

Intake Process

Visit the website or call the office at 703-508-3056

Provider Refer

Yes

Self Refer

Yes

Overwhelmed How Can I Help

<http://www.overwhelmedhowcanihelp.com>

<https://www.overwhelmedhowcanihelp.com/services/aging-in-place/>

Main

(703) 508-3056

(services arranged by calling)

20186 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: 8:00 am-5:00 pm

Sunday: Closed

Languages Spoken

English

Aging in Place services are provided by Overwhelmed How Can I Help. Staff can provide a home evaluation and suggestions to help provide a safe and accommodating home environment as one ages. Home modifications can be a great way to accommodate the changes that accompany aging so that you can remain safely and independently in your home.

Examples of home modifications are grab bars, flooring, lighting, wall switches, cabinet handles, hand rails and more

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Falls Church City

,

Fauquier County

,

Fredericksburg City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

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