American Heart Association Heart Walks

Age Requirements No Age Requirement Intake Process Please call or visit website for dates and locations of walks. Self Refer Yes American Heart Association <u>https://www.heart.org/en/affiliates/virginia/welcome-to-district-of-columbia</u> Main (703) 248-1700 Toll-Free (800) 242-8721 4601 North Fairfax Drive

Suite 700 22203 VA United States

The Heart Walk is the American Heart Association's premiere event for raising funds to save lives from this country's No. 1 and No. 3 killers - heart disease and stroke.

Designed to promote physical activity and heart-healthy living, the Heart Walk creates an environment that's fun and rewarding for the entire family.

This year, more than 1 million walkers will participate in nearly 350 events. Your participation will help raise even more in the fight to save lives. Walk with friends, family, coworkers or strangers you'll bond with along the way.

Heart Walks in the Greater Washington area can be found by <u>visiting the website</u> for dates and information.

Service Area(s) Alexandria City

Arlington County

Clarke County

Culpeper County

Fairfax City

Fairfax County

Falls Church City

Fauquier County

Fredericksburg City

Loudoun County

Manassas City

Manassas Park City

Prince William County

Rappahannock County

Spotsylvania County

Stafford County

Warren County