

## Psychological Counseling Services

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

Yes

Intake Process

Call for an appointment or more information. Patient forms are available on the website to complete prior to the first appointment.

Intake Contact Telephone

(757) 595-3900

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Tidewater Physicians Multispecialty Group

<https://mytpmg.com/>

<https://mytpmg.com/location/psychiatry-and-behavioral-health-2/>

<https://www.facebook.com/TidewaterPhysicians/>

[https://twitter.com/MY\\_TPMG](https://twitter.com/MY_TPMG)

<https://mytpmg.com/recent-news/>

Main

(757) 595-3900

11818 Rock Landing Drive, Suite 101

23606 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Behavioral medicine is the interdisciplinary field concerned with the development and integration of behavioral, psychosocial, and biomedical science knowledge and techniques relevant to the understanding of health and illness, and the application of this knowledge and these techniques to prevention, diagnosis, treatment and rehabilitation. Behavioral medicine takes a lifespan approach to health and health care, working with children, teens, adults and seniors individually and in groups, and working with racially and ethnically diverse communities.

This group of professionals consists of a variety of backgrounds and training in human behavior and relationships. The staff offers a broad range of mental health services, including:

- Psychiatric Evaluation and Diagnosis;
- Individual, Couples and Family Psychotherapy;
- Hypnosis for Habit Control;
- Diagnosis, Evaluation and Treatment of Addictive Disorders;
- Psychopharmacology (Psychiatric Medications).

A comprehensive psychiatric evaluation may be necessary to diagnose any number of emotional, behavioral or developmental disorders.

Service Area(s)

Hampton City

,

Newport News City

,

Poquoson City

,

York County