

## Fresh Start

Age Requirements

16-21

,

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves youth and adults with identifiable job barriers.

Family

Yes

Intake Contact Email

info@kidsandfamilies.com

Intake Process

Call for an appointment.

Intake Contact Telephone

(757) 838-1960

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Center For Child and Family Services, Inc.

<http://kidsandfamilies.com/>

<http://kidsandfamilies.com/2008/vp-adult.html>

<https://www.facebook.com/CenterForChild>

Main

(757) 838-1960

2021 Cunningham Drive, Suite 400

23666 VA

United States

Monday: 9:00 am-8:00 pm

Tuesday: 9:00 am-8:00 pm

Wednesday: 9:00 am-8:00 pm

Thursday: 9:00 am-8:00 pm

Friday: 9:00 am-3:00 pm

Saturday: 10:00 am-4:00 pm

Sunday: Closed

Additional Availability Comments

Saturday hours are by appointment only.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

,

Spanish

The Fresh Start Job Readiness program serves adult job seekers with identifiable barriers. Initially tailored as a resource for those with criminal records, the program now accommodates and guide youth towards successful and developing career goals including young adults aging out of the foster care system. The program also works with victims of domestic violence, human trafficking and the homeless. Participants are taught skills in getting and keeping employment and are assisted in finding and keeping employment.

Fresh Start is an accelerated program, which requires the clients to commit to four days including 12 to 20 hours of training before being referred for a job. The program curriculum includes the following topics:

- Completing a job application,
- Interviewing skills,
- Developing a resume, either functional, chronological or a combination type;
- Stress Management and coping skills
- Assistance a strategic plan towards success and
- Budget counseling.

Service Area(s)

Hampton City

,

Newport News City

,

Poquoson City

,

York County

Email

[info@kidsandfamilies.com](mailto:info@kidsandfamilies.com)