

## **Independent Living Skills, Youth, Lynchburg**

Age Requirements

13-21

Documents Required

Call for details

Other Eligibility Criteria

Serves teenagers through young adults.

Intake Process

Call for an assessment.

Intake Contact Telephone

(434) 239-2004

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

835

Report Problems

Call the Agency

Self Refer

Yes

Anderson Counseling Services

<https://andersoncounselingservices.com/>

<https://andersoncounselingservices.com/independent-living/>

Main

(434) 239-2004

434 Graves Mill Road

Building 100, Suite 1

24502 VA

United States

Additional Availability Comments

Call for appointment times.

Fee Structure

Fee Range

,

Call for Information

Payment Method(s)

Private Pay

,

Medicaid

Languages Spoken

English

The Independent Living Skills program is based on the individual's growth areas and levels of functioning. Mentors create activities that improve the client's daily life skills in order to obtain, maintain and improve independence in all facets of life.

Goals of the services are to improve:

- Organization,
- Time management,
- Money management,
- Culinary skills,
- Health and wellness,
- Shopping,
- Housing management,
- Transportation,
- Emergency protocol,
- Important documentation,
- Positive conflict resolution,
- Academic and career success,
- Healthy relationships,
- Community resources,
- Self care.

Service Area(s)

Campbell County

,

Lynchburg City