

## **Mental Health First Aid USA**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Intake Contact Email

MHFAinfo@thenationalcouncil.org

Intake Process

Call, email or visit the website.

Intake Contact Telephone

(888) 244-8980 x4

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Council for Behavioral Health

<https://www.thenationalcouncil.org>

<https://Facebook.com/TheNationalCouncil>

<https://twitter.com/nationalcouncil>

Main

(888) 244-8980 x4

1400 K Street Northwest Suite 400

20005 DC

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Mental Health First Aid is an eight-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it does build mental health literacy, helping the public identify, understand and respond to signs of mental illness.

Service Area(s)

Nationwide

Email

[MHFAinfo@thenationalcouncil.org](mailto:MHFAinfo@thenationalcouncil.org)