

# **Mental Health Skill-Building Services, Southside Tidewater**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults.

Family

Yes

Intake Process

Call for an assessment.

Intake Contact Telephone

(757) 455-8300

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

158

Report Problems

Call the Agency

Self Refer

Yes

Family Preservation Services, Southside Tidewater Regional Office

<https://fpscorp.com/chesapeake-office/>

<https://fpscorp.com/adult-services/>

Main

(757) 455-8300

1214 Progressive Drive  
Suite 101  
23320 VA  
United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

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Call if translation is needed

Mental Health Skill-building Services works with individuals with a clinical need arising from a condition due to a mental, behavioral or emotional illness that results in significant impairments in major life activities. The goal of Mental Health Skill-building Services is to provide training to adult individuals, while promoting recovery and the ability to maintain community stability in the most appropriate, least restrictive environment. Services include:

- Functional skills training;
- Activities of daily living (ADLs);
- Assistance with medication management;
- Education about and use of community resources;
- Monitoring health, nutrition and physical condition.

Service Area(s)

Chesapeake City

,

Isle of Wight County

,

Norfolk City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

Email

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