

## **Mental Health Skill-Building Services,** **Fredericksburg**

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults.

Family

Yes

Intake Process

Call for an assessment.

Intake Contact Telephone

(540) 710-5810

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

158

Report Problems

Call the Agency

Self Refer

Yes

Family Preservation Services, Fredericksburg Regional Office

<https://fpscorp.com/home-based-services/>

<https://fpscorp.com/adult-services/>

Main

(540) 710-5810

615 Jerfferson Davis Highway, Suite 101  
22401 VA  
United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

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Call if translation is needed

Mental Health Skill-building Services works with individuals with a clinical need arising from a condition due to a mental, behavioral or emotional illness that results in significant impairments in major life activities. The goal of Mental Health Skill-building Services is to provide training to adult individuals, while promoting recovery and the ability to maintain community stability in the most appropriate, least restrictive environment. Services include:

- Functional skills training;
- Activities of daily living (ADLs);
- Assistance with medication management;
- Education about and use of community resources;
- Monitoring health, nutrition and physical condition.

Service Area(s)

Caroline County

,

Culpeper County

,

Fredericksburg City

,

King George County

,

Prince William County

,

Spotsylvania County

,

Stafford County

Email

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