

## **Crisis Stabilization**

Age Requirements

No Age Requirement

Available 24/7

Yes

Documents Required

Call for details

Other Eligibility Criteria

Serves individuals experiencing an acute psychiatric crisis.

Intake Process

Call for an intake and assessment appointment.

Intake Contact Telephone

(757) 385-0888

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

261

Report Problems

Call the Agency

Residency Requirements

Serves residents of and people located in the City of Virginia Beach.

Self Refer

Yes

Virginia Beach Community Services Board

<https://www.vbgov.com/government/departments/human-services/Pages/default.aspx>

<https://www.vbgov.com/government/departments/human-services/behavioral-health/P...>

Main

(757) 385-0888

Phone Emergency  
(757) 385-0888

The Recovery Center  
409 Birdneck Circle  
23451 VA  
United States

#### Additional Availability Comments

Call for individual program hours. Crisis Emergency Services are available 24 hours per day, 365 days per year.

#### Fee Structure

Call for Information

#### Languages Spoken

English

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Call if translation is needed

At the Virginia Beach Community Services Board, the Community-Based Crisis Stabilization program provides direct behavioral health care to adult non-hospitalized individuals experiencing an acute psychiatric crisis that may jeopardize their current community living situations. The goals of the program are to do the following:

- Avert hospitalization or re-hospitalization through step-down or step-up services from acute care, intermediate care and Crisis Stabilization Units;
- Provide a normative environment with a high assurance of safety and security;
- Stabilize individuals in a psychiatric crisis,;
- Mobilize the resources of the community and natural support systems for ongoing maintenance and rehabilitation;
- Manage symptoms and behavior through individual and group therapy.

#### Service Area(s)

Virginia Beach City

#### Email

[VB311@vbgov.com](mailto:VB311@vbgov.com)