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# **Health Care Supports**

Physicians and hospitals in Virginia provide many of the health care services available to you. Would you like to find a licensed physician in your area of the state? Visit the Virginia Board of Medicine website.

### **Community Health Centers**

<u>Community Health Centers (CHCs)</u>, also known as Federally Qualified Health Centers (FQHCs) are non-profit, community-based, patient-centered organizations that deliver comprehensive, integrated primary and preventative health care services to everyone in their communities, regardless of their insurance status or ability to pay.

CHCs offer access to primary health, dental, behavioral health, pharmacy, and substance use disorder services in areas with limited access to affordable health care services.

CHCs accept Medicaid, Medicare, private insurances and also offer services to the uninsured on a sliding fee scale based on one's ability to pay.

#### Find a Health Center

## **Virginia Health Care Foundation**

The <u>Virginia Health Care Foundation</u> makes a difference in the lives of countless Virginians every day. A public/private partnership, VHCF helps uninsured Virginians and those who live in underserved communities obtain medical, dental and mental health care. VHCF support helps free clinics, community health centers and a variety of other nonprofit organizations to expand both the types of care offered and the number of patients cared for each year.

# **Healthy Living in Your Community**

There are many resources for healthy living in your community. Wellness classes, fitness clubs, nutrition counseling, and classes to help you stop smoking are just a

few of the programs available.

Article Source Virginia Department for Aging and Rehabilitative Services Source URL

https://www.dars.virginia.gov

Last Reviewed Saturday, March 2, 2024