Program of Assertive Community Treatment (PACT)

Age Requirements 13-21 22-55 , 56-60 , 60 +No Age Requirement Available 24/7 Yes **Documents Required** Call for details Other Eligibility Criteria Serves individuals age 18 and older with severe and persistent behavioral health Axis I diagnosis. Must have a history of multiple hospitalization and difficulty managing independent living, Family No Intake Process Call for an assessment or walk in to the Sequoia 3 office. Intake Contact Telephone (703) 228-4864 **Provider Refer** Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 112

Report Problems Call the Agency **Residency Requirements** Serves residents of and people located in Arlington County. Self Refer Yes Arlington County Community Services Board https://health.arlingtonva.us/behavioral-healthcare/ https://health.arlingtonva.us/behavioral-healthcare/program-assertive-community... Main (703) 228-0907 Phone Emergency (703) 228-5160 Seguoia 3 at Seguoia Plaza 2120 Washington Boulevard 22204 VA **United States** Monday: 8:00 am-5:00 pm Tuesday: 8:00 am-5:00 pm Wednesday: 8:00 am-5:00 pm Thursday: 8:00 am-5:00 pm Friday: 8:00 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Emergency crisis services are available 24 hours per day, every day. Fee Structure Call for Information Languages Spoken English

At the Arlington County Community Services Board, the Program of Assertive Community Treatment (PACT) promotes independent living in the community for persons with the most severe and persistent behavioral health disorders. A multidisciplinary team provides services 24 hours per day, seven days per week. All services are geared toward increasing tenure in the community, stabilizing psychiatric symptoms and improving the quality of life for identified high need, high risk consumers.

Community mental health services provided by the PACT Team are:

- 24-hour, 365-day-a-year services,
- Intensive case management,
- Mobile outreach and home visits,
- Psychiatric and nursing services,
- Residential skill training and supports including budgeting, grocery shopping, transportation, activities of daily living, housekeeping, social skills development,
- Substance abuse assessment and treatment,
- Employment assistance,
- Crisis intervention,
- Short-term, focused therapy and supportive counseling.

Service Area(s) Arlington County Email dhscsb@arlingtonva.us