

## Back in the Saddle (BITS) Program for Veterans

Age Requirements

5-22

,

18 and over

Family

No

Intake Contact Email

info@liftmeup.org

Intake Process

Visit the website, call the office

Provider Refer

Yes

Self Refer

Yes

Lift Me Up!

<http://www.liftmeup.org/>

<https://liftmeup.org/back-in-the-saddle-bits-1>

Main

(703) 759-6221

9700 Georgetown Pike

22066 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Lift Me Up! offers a therapeutic recreation program for veterans recovering from injuries. In coordination with the VA Medical Center, Wounded Warrior Project and PATH Horse for Heroes, Lift Me Up! provides lessons that assist veterans coping with

a variety of conditions including traumatic brain injuries, depression and post-traumatic stress disorder. Often these conditions are compounded with other physical injuries.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Fauquier County

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[info@liftmeup.org](mailto:info@liftmeup.org)