

Mental Health Skill Building

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact

Karen Gail

Intake Contact Email

pearls@pearls4hope.com

Intake Process

Call or email for information or to schedule an appointment.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Pearls Center of Hope (PCOH)

<https://www.pearls4hope.com/>

<https://www.pearls4hope.com/surviving-101>

<https://www.facebook.com/PearlsCenterofHope/>

Main

(804) 215 - 3558

11923 Centre Street

23831 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Saturday and Sunday by appointment only

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

Pearls Center of Hope (PCOH) offers a Mental Health Skill-building program. The support provided by the program will help achieve and maintain community stability. Qualified mental health professionals can help individuals develop independent living skills. Professionals can also provide assistance with medication management, monitor physical health and nutrition, and identify community resources.

Services take place in the home of the individual and throughout the community. An example of skill-building could be

- Housekeeping and organizational skills
- Laundry skills
- Budgeting
- Personal Hygiene
- Grocery Shopping and Meal Planning
- Managing Stress
- Medication Management
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Service Area(s)

Chesterfield County

,

Colonial Heights City

,

Hopewell City

,

Petersburg City

,

Prince Edward County

,

Richmond City

Email

info@pearls4hope.com