EnRich Creative and Active Food for Thought Luncheon and More

Age Requirements 56-60 , 60 +Available 24/7 No Family No Intake Contact SHari Melowe-Barck Intake Contact Email sbarck@weinsteinjcc.org **Intake Process** Call or email for information or to RSVP for lunch. Intake Contact Telephone (804) 545-8611 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Weinstein JCC https://weinsteinjcc.org/ https://www.facebook.com/WeinsteinJCC Main (804) 545-8611 5403 Monument Avenue 23226 VA **United States** Monday: 5:00 am-9:00 pm

Tuesday: 5:00 am-9:00 pm Wednesday: 5:00 am-9:00 pm Thursday: 5:00 am-9:00 pm Friday: 5:00 am-6:00 pm Saturday: 8:00 am-5:00 pm Additional Availability Comments New speakers and sessions each month. Call to verify day and time. Fee Structure Membership Fee Payment Method(s) Private Pay Languages Spoken English

EnRich for Life is a monthly mid-day gathering for older adults featuring a Food for Thought lunch with a speaker on a relevant topic, followed by an EnRich program offering sessions in both active and creative tracks. A collaboration of Weinstein JCC and Jewish Family Services.

Lunch and the program take place at the Weinstein JCC unless noted otherwise. Reservations required for lunch and programs. RSVP to Shari Menlowe-Barck at 804-545-8611 or email <u>sbarck@weinsteinjcc.org</u>.

Call or visit the website for more information about these lively, fun programs, created especially for seniors.

Service Area(s) Chesterfield County , Goochland County , Hanover County , Henrico County , Powhatan County , Richmond City