NAMI Basics, Behavioral Health

Age Requirements No Age Requirement Family No Intake Contact Email info@namivirginia.org Intake Process Visit the website for information, call the office Provider Refer Yes **Report Problems** Call the Agency Self Refer Yes National Alliance on Mental Illness Virginia (NAMI VA) http://www.namivirginia.org/ https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Basics https://www.facebook.com/NAMIVirginia1/ Main (703) 524-7600 Toll-Free (888) 999-6264 Phone Emergency (800) 950-6264 3803 North Fairfax Drive, Suite 100 22203 VA **United States** Additional Availability Comments Program times vary Fee Structure No Fee Languages Spoken English

NAMI Basics is offered to parents and other family caregivers of children and adolescents who have either been diagnosed with a behavioral health condition or who ar experiencing symptoms but have not yet been diagnosed. Basics is a class available in English and Spanish. This is a free 6-week education program offered in a group setting. Find a <u>Program in Your Area</u>.

Affiliates are throughout the State. <u>Visit Find Your Local NAMI</u> and click on the group for more details to see phone numbers, contact name and email address.

Service Area(s) Statewide Email info@namivirginia.org