

## **Outpatient Behavioral Health and Substance Use Counseling, Charlottesville**

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves individuals who need behavioral health and substance use services.

Family

No

Intake Process

Call for an intake and assessment appointment.

Intake Contact Telephone

(434) 972-1800

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

173

Report Problems

Call the Agency

Residency Requirements

Serves residents of and people located in the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson.

Self Refer

Yes

Region Ten Community Services Board

<http://regionten.org>

<http://regionten.org/service/outpatient-mental-health-and-substance-abuse-couns...>

Main

(434) 972-1800

Toll-Free

(866) 694-1605

Phone Emergency

(434) 972-1800

Peterson Health Center

800 Preston Avenue

22903 VA

United States

Monday: 8:00 am-6:00 pm

Tuesday: 8:00 am-6:00 pm

Wednesday: 8:00 am-6:00 pm

Thursday: 8:00 am-6:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

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Tricare

Languages Spoken

English

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Call if translation is needed

Region Ten Community Services Board (RTCBSB) Adult Clinical Services embraces integrated substance use and behavioral health person centered treatment to help individuals develop skills and confidence to meet daily living needs as they experience incremental successes through stages of personal change. Staff provide both individual and group therapy. Bilingual services are available.

This program is based on researched treatment including:

- Stages of Change,
- Motivational Interviewing,
- Motivation Enhancement Therapy,
- Integrated Dual Diagnosis Treatment (IDDT),
- Dialectical Behavioral Therapy (DBT),
- Cognitive Behavioral Therapy (CBT),
- psycho-education,
- Seeking Safety,
- Anger Management,
- Family Systems.

Service Area(s)

Charlottesville City