## **Tranquil Voices Support Group**

```
Age Requirements
0-5
6-12
13-21
22-55
56-60
60+
Family
No
Provider Refer
Yes
Self Refer
Yes
Fairfax Falls Church Community Services Board
http://www.fairfaxcounty.gov/csb/events/tranquil-voices.htm
Main
(703) 968-4000
Phone Emergency
(703) 573-5679
TTY/TTD
711
14150 Parkeast Circle
Suite 275
20151 VA
United States
Payment Method(s)
Tricare
```

```
Medicare
Languages Spoken
English
,
Multi-Lingual
,
Spanish
```

The Fairfax-Falls Church Community Services Board offers Tranquil Voices is a peer-to-peer support group offered weekly at the office in Chantilly. This support group for adults includes socialization and recovery activities, including discussions about the recovery model. Individualized Wellness Recovery Action Plan (WRAP) education is also available.

Peer support is people who have had similar experiences giving each other encouragement, hope, assistance, guidance, and understanding that aids in recovery. Tranquil Voices is a peer-led adult mental health support group which has been in operation since 2008.

Service Area(s)
Fairfax City
,
Fairfax County
,
Falls Church City