

## **Mental Health Skill Building Services,** **Williamsburg**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults with serious behavioral health disorders.

Family

No

Intake Process

Call the Central Access Screener between the hours of Monday through Friday, from 8:00am-5:00pm.

Intake Contact Telephone

(757) 220-3200

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

048

Report Problems

Call the Agency

Residency Requirements

Serves residents of the City of Williamsburg and James City County.

Self Refer

Yes

Colonial Behavioral Health

<https://www.colonialbh.org>

<https://www.colonialbh.org/adult-services/mental-health-skill-building-services...>

Main

(757) 220-3200

Phone Emergency

(757) 378-5555

TTY/TTD

711

1651 Merrimac Trail

23185 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Some services are available with evening appointments. Emergency services are available 24 hours per day, every day.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

,

Veterans

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Tricare

Languages Spoken

English

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Call if translation is needed

Mental Health Skill-Building Services (MHSS) at Colonial Behavioral Health (CBH) is goal directed training to enable individuals with significant functional limitations to achieve and maintain community stability and independence in the most appropriate, least restrictive environment. The treatment focus is training individuals in independent living skills such as maintaining personal hygiene, preparing food, maintaining adequate nutrition, managing finances, medication management, and monitoring health, nutrition and physical conditioning.

To be eligible for services, the individual must:

- Have a serious behavioral health disorder.
- Require individualized training to acquire basic living skills, which could include symptom management, adherence to medication regimen, development and appropriate use of social skills and personal support system, personal hygiene, food preparation or money management.
- Have a history including psychiatric hospitalization, residential crisis stabilization, Intensive Community Treatment (ICT) or Program of Assertive Community Treatment (PACT), placement in a psychiatric residential facility or Temporary Detention Order; and
- Have a prescription for antipsychotic, mood stabilizing or antidepressant medications within the 12 months prior to assessment.

Individuals eligible for this service may have a dual diagnosis of behavior health and developmental disability or behavioral health and substance use disorder. If an individual has co-occurring behavioral health and substance use disorders, integrated treatment for the substance use condition will be used to positively impact the behavioral health condition. The [MHSS brochure](#) is available on the website.

Service Area(s)  
James City County

,  
Williamsburg City