

# Caregivers Empowering Caregivers of Veterans and Military

Available 24/7

No

Family

No

Intake Process

Call for information; visit the website

Blue Star Families

<https://bluestarfam.org/>

<https://bluestarfam.org/for-mil-families/wellness/blue-star-caregivers/>

Main

(202) 630-2583

PO Box 230637

92023 CA

United States

Languages Spoken

English

Blue Star Families has 'Caregivers Empowering Caregivers' (CEC) workshops that provide resources, support, and tools for caregivers who need to adjust to their new life of providing care for their service member while tending to the day to day task at home and work.

CEC Workshops will be hosted at several locations around the country.

Keep checking [our website](#) for future dates.

Service Area(s)

Nationwide