

# Counseling

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Intake Contact Email

info@totallifecounselinginc.com

Self Refer

Yes

Total Life Counseling, Inc.

<http://www.totallifecounselinginc.com/>

Main

(540) 989-1383

5401 Fallowater Lane

Suite C

24014 VA

United States

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

Languages Spoken

## English

Total Life Counseling, Inc (TLC) provides individual, marital and family counseling that integrates sound psychological, spiritual and social principles to help people grow in their life satisfaction. The practice's counseling principles help clients develop a positive self-image, emotional stability, communication skills, healthy thinking patterns, strengthen their ability to cope with stressful situations and enhance their physical, emotional, interpersonal and spiritual development.

Issues and disorders treated include anxiety, depression, eating disorders, grief and loss, addictions, stress management, sexual abuse recovery, attention deficit disorders, couples and family counseling, panic disorder and childhood behavioral problems. The counselors are trained as Licensed Professional Counselors (LPC) and/or as Licensed Marriage and Family Therapists (LMFT).

### Service Area(s)

Botetourt County

,

Craig County

,

Roanoke City

,

Salem City