## Peer Support

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Family No **Intake Process** Call for an assessment. Intake Contact Telephone (540) 635-4357 Provider Refer Yes **Report Problems** Call the Agency Self Refer Yes Northwestern Community Services http://www.nwcsb.com https://www.nwcsb.com/mentalhealth/ Main (540) 671-8425 Phone Emergency (800) 342-1462 TTY/TTD (540) 828-1120 209 West Criser Road, Suite 100 22630 VA **United States** 

Additional Availability Comments Crisis emergency services are available 24 hours per day, every day. Fee Structure

## Sliding Scale Fee

Call for Information Languages Spoken English

A Peer Specialist is a person with a mental health and/or co-occurring condition, actively engaged in his/her own recovery, who has been trained and certified to help others with these conditions, identify and achieve specific life and recovery goals.

Peer Specialists serve as role models by sharing their personal recovery stories, showing that recovery from mental illness is possible. They teach goal setting, problem solving, symptom management skills and a variety of recovery tools. They empower by helping others identify their strengths, supports, resources and skills. They advocate by working to eliminate the stigma of mental illness and act as community liaisons by identifying social supports in the community and encouraging the expansion of local community resources.

Service Area(s) Clarke County

Frederick County

Page County

Shenandoah County

Warren County

Winchester City