## **Companion Care Services, Hampton Roads**

Age Requirements No Age Requirement Available 24/7 Yes Intake Contact **Becky Grim** Intake Contact Email bgrim@homecareassistance.com **Intake Process** Visit the website or call the office. Intake Contact Telephone (757) 220-3151 Provider Refer Yes **Report Problems** Call the Agency Other Self Refer Yes Home Care Assistance https://homecareassistance.com/hampton-roads/ Main (757) 422-2686 Toll-Free (866) 454-8346 283 Constitution Drive Suite 603 23462 VA **United States** Fee Structure Fee Range

Fixed Fee
Payment Method(s)
Private Pay
,
Private Insurance
Languages Spoken
English
,
Spanish
,
Multi-Lingual

Home Care Assistance offers companion care. Caregivers provide companionship, medication reminders, transportation to doctor appointments, supermarket or errands, laundry and linen help, cooking, light housekeeping and more.

Caregivers are experienced in Alzheimer's care and dementia care.

Companions can also monitor the individual for safety during hospital stays or accompany older adults on vacations, enabling them to travel in safety and freedom.

Exclusive provider of the Balanced Care Method, a philosophy of moderation and variety in lifestyle. Components of Balanced Care Training include a healthy diet, physical activity, sharp minds, social ties and calmness, and purpose.

Live-in care and in-home assisted living are specialized services available.

Service Area(s) Chesapeake City

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**Gloucester County Hampton City** Isle of Wight County James City County Newport News City Norfolk City Poquoson City Portsmouth City Suffolk City Virginia Beach City Williamsburg City York County