

# Mental Health Clinical Support Services Program

## Age Requirements

18 and over

## Intake Contact Email

woodley@woodleyhouse.org

Woodley House, Inc.

<http://www.woodleyhouse.org/>

## Main

(202) 290-1375

1408 North Capitol Street, NW

20002 DC

United States

## Languages Spoken

English

,

Spanish

Woodley House offers a wide range of clinical support services for both private payer and publicly-funded men and women living with mental illness. The services include:

- Life Skills Training Program provides a lifeline back into the community for consumers, offering them the opportunity to gain life skills that may have been lost due to their illness or further develop skills needed to transition toward recovery and independence. These can include areas such as maintaining personal hygiene and healthy lifestyles, budgeting and financial management, cooking and nutrition, general housekeeping and apartment maintenance, job search readiness, medication education and symptom management, anger management, self-esteem and being a good roommate/tenant.
- Integrated Treatment of Co-Occurring Disorders provides integrated treatment program where both the substance abuse problem and the mental disorder are treated simultaneously.

- Short-term Respite Care Program is located in Woodley Park and supports caregivers who care for loved ones with mental illness and need a short break.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Washington DC