

Home Delivered Meals / Meals on Wheels

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

60 years of age or older; lives at home independently but is unable to prepare his or her own meals.

Family

No

Intake Process

Call the office for information; in home assessment; complete application.

Provider Refer

Yes

Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

<https://www.ssseva.org/programs/meals-on-wheels/>

Main

(757) 461-9481

2551 Eltham Avenue

Suite Q

23513 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Suggested Donation

Languages Spoken

English

Senior Services of Southeastern Virginia can connect eligible seniors age 60 and over who are restricted to their homes due to illness or disability to home-delivered meals. Seniors must be homebound and unable to prepare meals on their own and have no one in the home able to prepare meals for them. Senior Services can arrange for home delivery of meals that comply with the Dietary Guidelines for Americans and are approved by a registered dietitian.

Fee: No fee for eligible recipients.

To see if you qualify for home-delivered meals, call one of our Resource Specialists at 757-461-9481.

Service Area(s)

Chesapeake City

,

Franklin City

,

Isle of Wight County

,

Norfolk City

,

Portsmouth City

,

Southampton County

,

Suffolk City

,

Virginia Beach City

Email

services@ssseva.org