## **Health Screenings | Heart Attack Risk Program**

Age Requirements 0-5 6-12 13-21 22-55 56-60 60+ Family No Self Refer Yes Winchester Medical Center http://www.valleyhealthlink.com/screenings Main (540) 536-8395 Toll-Free (800) 326-4052 1840 Amherst Street 22601 VA **United States** Payment Method(s) Private Pay Languages Spoken English

The Heart Attack Risk Program - The program offers health screenings of 5 key risk areas for a heart attack: cholesterol, blood pressure, diabetes, smoking and weight.

The fact that each can be measured is the heart of this program and gives an opportunity to know your numbers and track progress. Follow up testing will be provided, if necessary. You will receive information to make lifestyle changes, if deemed necessary.

The Heart Attack Risk Program is sponsored by the Valley Health Heart & Vascular Center at Winchester Medical Center and offered at various hospitals and centers in the area, including Winchester Medical Center, Page Memorial Hospital, War Memorial Hospital, Hampshire county Wellness & Fitness Center, Warren Memorial Hospital, Shenandoah Memorial Hospital and Valley Health Wellness & Fitness Center.

Please call for a location and choose a date. An appointment is required in some locations. The screening cost is \$20.00.

Service Area(s)
Clarke County
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Frederick County
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Harrisonburg City
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Page County
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Rockingham County
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Shenandoah County
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Warren County
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