

## **Fitness, Self-Defense, Richmond**

Age Requirements

6-12

,

13-21

,

18 and over

Available 24/7

No

Family

No

Intake Contact Email

info@jowgakungfu.com

Intake Process

Call for information about classes and class times

Provider Refer

Yes

Self Refer

Yes

Jow Ga Kung Fu

<http://www.jowgakungfu.com/>

<https://jowgakuenkwoon.com/programs>

Main

(804) 560-4307

9550 Midlothian Turnpike

23235 VA

United States

Monday: 12:00 pm-8:00 pm

Tuesday: 12:00 pm-8:00 pm

Wednesday: 12:00 pm-8:00 pm

Thursday: 12:00 pm-8:00 pm

Friday: 12:00 pm-8:00 pm

Saturday: 10:00 am-5:00 pm

Sunday: Closed

Fee Structure

Membership Fee

Payment Method(s)

Credit / Debit

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Private Pay

Languages Spoken

English

Jow Ga Kung Fu offers several programs for fitness, self-defense, and self-discipline.

Call for more information.

Service Area(s)

Virginia Beach City

Email

[info@jowgakungfu.com](mailto:info@jowgakungfu.com)