Personal Care and In-Home Services

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Arlington residents age 60 and older or adults age 18 and older with physical or cognitive disabilities make it difficult for them to complete home and self-care tasks. Must be unable to leave their home independently. Intake Contact Email arlaaa@arlingtonva.uss Intake Process Call, email, or walk into the Customer Service Center to meet with an intake worker. Application is required. Intake Contact Telephone (703) 228-1700 **Provider Refer** Yes **Report Problems** Call the Agency **Residency Requirements** Serves residents of Arlington county. Self Refer Yes Arlington County Department of Human Services https://publicassistance.arlingtonva.us/ http://aging-disability.arlingtonva.us/programs/in-home/ https://www.arlingtonva.us/Government/Departments/DHS https://twitter.com/ArlingtonDHS Main (703) 228-1700 TTY/TTD (703) 228-1788

2100 Washington Boulevard Sequoia Plaza 22204 VA United States

Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments In home service hours may vary. Fee Structure Sliding Scale Fee Languages Spoken English

Spanish

,

Virginia Department of Social Services Adult Services Program provides home-based services including companion, chore, and homemaker services.

This program provides services that enable individuals to remain at home safely for as long as possible or return home after a hospitalization or skilled facility. Services are typically provided Monday through Friday, although special accommodations can sometimes be made. All services are provided by trained staff through the County or a home care agency contracted by the County. Services include:

- Bathing, personal care, using the bathroom
- Physical assistance with getting from bed to chair
- Eating reminders and assistance
- Medication reminders
- Meal preparation
- Laundry and light housekeeping
- Assistance with grocery shopping
- Healthcare escorts

Service Area(s) Arlington County Email arlaaa@arlingtonva.uss