Cornerstone Residential Crisis Stabilization

Age Requirements 18 and over Available 24/7 Yes **Documents Required** Call for details Other Eligibility Criteria Persons experiencing acute psychiatric and/or substance abuse problems enrolled in Community Services Board. Intake Process Call for an assessment. Intake Contact Telephone (276) 223-3200 **Provider Refer** Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 190-02-020 **Report Problems** Call the Agency Self Refer Yes Mount Rogers Community Services Board http://www.mtrogerscsb.com http://www.mtrogerscsb.com/cornerstone.html Main (276) 783-2356 Phone Emergency (866) 589-0265

115 North Church Street 24354 VA United States

Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Admissions occur from 8:30 am to 5:00 pm Monday through Friday Fee Structure **Sliding Scale Fee** Call for Information Payment Method(s) Private Pay **Private Insurance** Medicaid Medicare Tricare Languages Spoken English

Cornerstone is a six bed residential crisis stabilization unit that offers short term, sub acute services for adult consumers, or "guests". The mission of the program is to provide creative, recovery based crisis stabilization services in a warm and inviting, least restrictive environment that instills education, self-awareness, hope and selfdetermination as building blocks for change. Guests of the program enter on a voluntary basis and can stay up to a maximum of fifteen days. Services are designed for guests with a primary mental health diagnosis, or a co-occurring substance abuse or mental retardation diagnosis. Another function of Cornerstone is to provide a 'step down' feature to reduce the hospital readmission rate by providing a transitional community treatment option to expedite facility discharges.

Cornerstone provides guests with the following services:

- Private room and board, all meals, and basic hygiene items provided;
- 24 hour staffing for seven days per week;
- Psychiatric services;
- Nursing services;
- Daily medication and pharmacological services;
- Individual and group counseling and recovery sessions;
- Intensive case management to assess needs;
- Integrated treatment model for dual diagnosis of psychosis and addiction;
- Treatment coordination and discharge planning.

In addition to the Mount Rogers Community Services Board service areas, Cornerstone

also accepts referrals from Highlands Community Services.

Service Area(s) Bland County

Bristol City

Carroll County

Galax City

Grayson County

Smyth County

Washington County

Wythe County Email info@mrcsb.state.va.us

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