

# Mental Health Skills Building at the Oasis

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Adults and Geriatric

Family

No

Intake Process

Telephone referrals accepted. Professional referral accepted.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

165-03-011

Self Refer

Yes

Highlands Community Services

<http://highlandscsb.org/oasis/>

Main

(276) 525-1557

27018 Lee Highway

24211 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicare

,

Medicaid

,

Private Pay

,

Tricare

Languages Spoken

English

At Highlands Community Services, for many people in recovery who wish to move into independent living, Mental Health Skills Building provides one-on-one interventions in the home and community to enhance skills in budgeting, menu planning, comparison grocery shopping, organizing belongings, cleaning, and learning to use community resources. Often people who have just moved into new living arrangements become overwhelmed by stressors that include under-stimulation at home and over-stimulation in town. All of the above principles are helpful in making a successful transition. People in recovery often describe this program as “psychosocial rehabilitation without walls”. Services are provided in an individual’s home, in the community, and at the training center (The Oasis).

Crisis Telephone Contacts:

Monday through Friday from 8:30am-5:00pm: Call (276) 525-1550;

After Hours, Holidays, and Weekends: Call (276) 645-7400 for Central Dispatch - Bristol or (276) 676-6277 for Central Dispatch - Washington County;

Life Threatening Emergency: Call 911.

Service Area(s)

Abingdon City

,

Bristol City

,

Washington County