## **OUR House**

Age Requirements 18 and over Available 24/7 No Documents Required Call for details Other Eligibility Criteria Serves adults with lifelong persistent and severe behavioral health issues that place them at risk of homelessness, psychiatric crisis and psychiatric hospitalization. Program participants must be receiving services from other CMCSB programs. Family No Intake Contact Email

info@cmcsb.com Intake Process Call for an assessment. Intake Contact Telephone (276) 964-6702 **Provider Refer** Yes Qualifications Qualification Type Licensure Qualification Entity Virginia Department of Behavioral Health and Developmental Services **Oualification Number** 093 **Report Problems** Call the Agency **Residency Requirements** Serves residents of Buchanan, Russell and Tazewell Counties. Self Refer Yes

**Cumberland Mountain Community Services Board** https://www.cmcsb.com http://cmcsb.com/mentalhealth.html Main (276) 935-7489 Toll-Free (800) 286-0586 Phone Emergency (276) 964-6702 TTY/TTD (800) 347-4939 Upper Mill Branch 24614 VA United States Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed Additional Availability Comments Crisis services are available 24 hours per day, every day. Fee Structure Sliding Scale Fee ,

Call for Information Languages Spoken English

At Cumberland Mountain Community Services Board, OUR House Mental Health Psychosocial Rehabilitation Services (PSR) provides a safe and structured environment for individuals with a severe and persistent behavioral health issues. Individuals engage in socialization activities and participate in meaningful work opportunities in order to enhance quality of life and promote recovery and wellness. Individuals are encouraged by their peers and staff to develop their functional abilities and skills to become as independent as possible.

Services include:

- Assessing the individual's basic needs and functional abilities
- Training, support, and supervising individuals with deficits in skills for activities of daily living;
- Developing and enhancing functional skills and behaviors;
- Educating individuals to use community resources;
- Teaching basic living skills and functional abilities;
- Monitoring of health, nutrition, physical conditions; Increasing socialization;
- Developing basic vocational skills leading to functional employment;
- Supporting the overall wellness of the individual receiving services.

Service Area(s) Buchanan County Email info@cmcsb.com