

## Community Support Services, Mt. Vernon

Available 24/7

Yes

Other Eligibility Criteria

Residents of Northern Virginia with severe mental illness such as schizophrenia, bipolar disorder or major depression.

Family

No

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

233-03-011

Self Refer

Yes

PRS, Inc.

<http://www.prsinc.org>

Main

(703) 360-8394

TTY/TTD

(703) 790-0582

1761 Old Meadow Road, Suite 100

22102 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Medicaid

## Languages Spoken

English

,

Spanish

Mount Vernon PRS, Inc. Community Support Services is a life skills training and support service designed to assist clients with making changes to move into recovery from mental illnesses/brain diseases. This includes clients who have co-occurring disorders of mental illness and substance abuse/dependence, clients with Autism Spectrum Disorders and clients who have concurrent medical issues.

Support Specialists partner with clients to make real life changes by developing and practicing life skills. The following list includes a sample of skills training activities that persons served often need and desire to recover, to increase independent living skills and to improve health and wellness:

- Planning menus
- Staying sober
- Shopping for food
- Completing household tasks
- Cooking healthy meals
- Practicing safety procedures
- Budgeting
- Managing medication
- Paying bills on time
- Exercising regularly
- Managing time/appointments
- Completing hygiene tasks
- Accessing community resources
- Using public transportation

## Service Area(s)

Alexandria City

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Arlington County

,  
Fairfax City

,  
Fairfax County

,  
Falls Church City

,  
Loudoun County

,  
Manassas City

,  
Manassas Park City

,  
Prince William County

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