

## Fitness Center

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Open to all

Family

Yes

Intake Process

Walk in, visit the website for class schedule. Complete membership application or pay walk in fee

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Franklin County YMCA

<http://www.franklincountyyymca.org/>

[https://www.franklincountyyymca.org/index.php?option=com\\_content&view=article&id...](https://www.franklincountyyymca.org/index.php?option=com_content&view=article&id...)

<https://www.facebook.com/Franklin-County-Family-YMCA-208353857592/>

Main

(540) 489-9622

235 Technology Drive

24151 VA

United States

Monday: 6:00 am-8:00 pm

Tuesday: 6:00 am-8:00 pm

Wednesday: 6:00 am-8:00 pm

Thursday: 6:00 am-8:00 pm

Friday: 6:00 am-8:00 pm

Saturday: Closed

Sunday: Closed

## Additional Availability Comments

Call for hours facility is open, fitness room and pool

## Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Franklin County YMCA offers a variety of fitness classes and programs. Some programs include heated swimming pool, indoor track, training fitness center, wellness center, aerobics and fitness classes, mirrored exercise rooms, walking track indoor tennis courts, etc.

Member have use of facility free. Non-members can pay small fee.

Call for information about classes and programs.

Service Area(s)

Franklin County