Integral Yoga Programs

Age Requirements 18 and over Available 24/7 No Family No Intake Contact Satchidananda Ashram Intake Contact Email arc@yogaville.org **Intake Process** Call to make reservations or for more details Provider Refer No Self Refer Yes Yogaville https://www.yogaville.org/ https://www.facebook.com/SatchidanandaAshram/ https://twitter.com/sayva?lang=en Main (434) 969-3121 Toll-Free (800) 858-9642 108 Yogaville Way 23921 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: 2:00 pm-5:30 pm

Sunday: Closed Additional Availability Comments Classes vary based on season and days. Fee Structure Fee Range Payment Method(s) Private Pay

Yogaville workshops and programs are designed to integrate all aspects of life physical, mental, emotional, and spiritual - and put you in touch with your own sense of inner peace and ease. They offer expert instruction on a large number of topics, ranging from yoga postures and breathing practices to yoga philosophy and meditation to health-related topics.

Residential programs, Living Yoga Training, personal retreats, and more are offered to those who want more in-depth training.

Service Area(s) Buckingham County

Statewide

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