

## **Congregate Meals, King George County**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Persons over 60

Family

No

Intake Contact

Staff

Intake Process

Self-referral. Written application required. Call for appointment. Assessment will be done for qualification.

Provider Refer

Yes

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

Main

(540) 775-9780

Toll-Free

(800) 262-4012

8076 Kings Highway

P.O. Box 71 P.O. Box 71

22485 VA

United States

Fee Structure

Suggested Donation

Languages Spoken

English

Congregate (group) meals, offered in the Park and Recreation Department facility, provide individuals aged sixty or older and the spouses of such individuals with low-cost, nutritionally-sound, breakfast and hot noonday meals. Call Healthy Generations Area Agency on Aging for assessment to qualify for participation.

Preference is given to those older persons with the greatest social and economic needs. The program aims to increase socialization and recreation opportunities thereby reducing the isolation of old age.

King George Senior Cafe is open 3 days each week; seniors have the opportunity to socialize, grocery shop and receive a nutritious meal. Call for location of meal site. Meals served 9:30AM - 1:30PM.

Service Area(s)

King George County