

## Group Exercise

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Open to all ages

Family

No

Intake Process

Call for information or walk in

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Danville Family YMCA

<http://www.ymcadanville.org/>

<http://www.ymcadanville.org/groups.htm>

<https://www.facebook.com/ymcadanville>

<https://twitter.com/ymcadanville>

Main

(434) 792-0621

810 Main Street

24541 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: 8:00 am-6:00 pm

Sunday: 12:00 pm-5:00 pm

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Danville Family YMCA offers group exercise. Combo class, step/cardio class, Zumba, African Drum and dance, and more.

All classes are free to YMCA members. Non-members pay per class or purchase a punch card.

Service Area(s)

Danville City