

## **Fitness**

Age Requirements

18 and over

Available 24/7

Yes

Family

Yes

Intake Contact

Brad Beaton

Intake Process

Call for class information and hours; complete the membership application. Visit the website for information.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Gold's Gym Richmond, The Fan

<https://www.goldsgym.com/richmondfanva/>

<https://www.goldsgym.com/richmondfanva/fitness-experience/>

<https://www.facebook.com/goldsgymthefan/>

Main

(804) 249-4653

8 South Harvie Street

23220 VA

United States

Additional Availability Comments

Open 24 hours 7 days a week

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Gold's Gym offers exercise programs for all ages and fitness levels. The gym offers state-of-the-art amenities, a variety of classes tailored to your fitness needs, and personal trainers. Browse the weekly class schedules for group workouts ranging from martial arts-inspired.

At the gym, you can find Cardio Equipment, Group Exercise, Personal Training Sauna/Steam Room, Body Studio, Functional Training, Nutrition Counseling, and Free Weights.

Please call for more information.

Service Area(s)

Chesterfield County

,

Henrico County

,

Richmond City

Email

[ggthefan@goldsgymrichmond.com](mailto:ggthefan@goldsgymrichmond.com)