Meals on Wheels

Age Requirements 18 and over Available 24/7 No Other Eligibility Criteria Homebound individuals who cannot prepare meals for themselves. Family No Intake Contact Email cho@cho-va.com **Intake Process** To receive meals, apply through Fairfax County Area Agency on Aging. You can also call the office. **Provider Refer** Yes Self Refer Yes Committee for Helping Others (CHO) http://www.cho-va.com https://cho-va.com/services/meals-on-wheels/ https://www.facebook.com/CHOvienna/ Main (703) 324-5409 PO Box 233 22183 VA **United States** Fee Structure Call for Information Languages Spoken English

Committee for Helping Others (CHO) partners with Fairfax County's Area Agency on Agency to help deliver meals Monday through Friday to people who are unable to cook or prepare meals for themselves. Meals on Wheels serves adults age 60 or over or people with disabilities who cannot shop and prepare their own meals. CHO provides volunteer drivers to the program run by the Fairfax County Agency on Aging. The Meals on Wheels program is currently being handled by the Fairfax team, and meals will only be delivered once a week, instead of three. The program normally requires an assessment to determine eligibility; if you know anyone 60 or over who needs this help, suggest that they call 703 324-5409

Meals are provided by the Fairfax County Public School System. The Meals on Wheels coordinator works with member churches and organizations to maintain a base of volunteer drivers.

To volunteer, call 703.324.5406 or go to website and click on Volunteer Solutions. Service area covers Dunn Loring, Vienna, Oakton and Merrifield.

Service Area(s) Fairfax City

Fairfax County

Falls Church City