

Outpatient Services, Mental Health, The Day Center

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

No residency requirement. Ages 18 and over

Intake Process

Phone, appointment required.

Psychiatric Institute of Washington, DC

<https://www.psychinstitute.com>

Main

(202) 885-5751

Toll-Free

(800) 369-2273

TTY/TTD

(202) 885-5615

4228 Wisconsin Avenue NW

20016 DC

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

,

Tricare

Languages Spoken

English

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Spanish

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Sign Language

The Day Center is a focused program designed to serve patients in need of an intensive, structured environment. It is a specialized service that addresses acute symptoms associated with Post Traumatic Stress Disorder. The Day Center offers two levels of treatment for mental health issues:

- The Partial Hospitalization Program (PHP) consists of treatment three to five days a week. It is used to offset the need for an inpatient admission or to shorten the length of an acute inpatient stay.
- The Intensive Outpatient Program (IOP) is designed for patients who are struggling with more chronic and/or intermittent work and social dysfunction. Patients in this component attend two to three days a week.

Located near both Metrorail and bus routes, and metered parking is available.

Provides interpretation/ translation services for the hearing impaired and deaf.

Service Area(s)
Alexandria City

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Arlington County

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Fairfax City

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Fairfax County

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Falls Church City

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Fauquier County

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Loudoun County

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Manassas City

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Manassas Park City

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Prince William County