Fleet and Family Support Programs

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Active duty & retired military and family members; reservists and family members while on active duty Family No Intake Process Telephone or in person; Military ID required **Report Problems** Call the Agency Self Refer Yes Naval Support Facility Dahlgren http://www.cnic.navy.mil/ffr/family readiness.html http://www.cnic.navy.mil/ffr/family_readiness.html https://www.facebook.com/USNavy Main (540) 653-1839 **Toll-Free** (800) 500-4947 Phone Emergency (540) 653-8531 6509 Sampson Road 22448 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm

Saturday: Closed Sunday: Closed Additional Availability Comments Some programs and activities have extended hours Fee Structure No Fee Languages Spoken English

The **Fleet and Family Support Center** is an on-base social service agency whose goal is to improve the quality of life for the military member and family through counseling and assistance. The FFSC is the first stop for singles and families seeking counseling or assistance with a personal or family matter. FFSC's many free classes and seminars are also a great resource for self-improvement and Navy lifestyle education.

Programs include:

Deployment support; transition assistance, relocation assistance, personal and family wellness education and counseling; crisis intervention and response; financial education and counseling; and more.

Staff can provide short-term mental health counseling, financial counseling, relocation assistance, transition assistance, spousal employment assistance, legal assistance,tax assistance and information and referral. Proactive educational programs, one-on-one counseling, group programs, family counseling.

Visit <u>Family Support Location</u> to find another location of Fleet and Family Support Programs.

Service Area(s) King George County